

Sangha News



Journal of the
Buddhist Meditation Society
of Northern British Columbia

SPRING 2002 Volume VI • Number 1

Notice of Annual General Meeting

The Buddhist Meditation Society of Northern British Columbia will hold its Annual General Meeting and election of directors for the year 2002-2003 on

**Monday, May 6, 2002
8:15 p.m.
at the Willows Hall
Pulpmill Road, Prince George, B.C.**

All members of the Society are urged to attend. This meeting is open to anyone who attends our sittings as well, and you are all welcome to join the regular group meditation at 7:15 and stay for tea and the meeting.

A Special Resolution will be put forth to change the term of membership. The proposal is to have membership renewals due on April 1st of every year (the beginning of the Society's fiscal year). This has been discussed before and it seems to be time to revisit the idea.

Additions to the agenda can be made at the meeting.

weekly schedule

Group meditation - every Monday evening at 7:15
Zen group meditation - every Tuesday evening at 7:15
Meetings held at Willows Hall, Pulpmill Road, Prince George

everyone is welcome



From bird song and the sighing of the trees,
From shafts of light and from the sky itself,
May living beings, each and every one,
Perceive the constant sound of Dharma.

Shantideva

2001-02 Directors of the Society

Mary Cosman	President	441-3412
Don Hagreen	Secretary/Treasurer	563-0761
Christine Jackman		612-0288
Gerry Denluck		564-2164
Ramona Lehr		564-6147

Sangha News is the newsletter of the Buddhist Meditation Society of Northern British Columbia and the Open Door Sangha. It is published quarterly and available free to Society members. Annual membership fee is \$15.00.

We welcome contributions of articles, graphics and photos as well as letters. Please send to the *Sangha News* at:
RR1 Site 16 Comp. 15, Vanderhoof BC V0J 3A0
Phone 250-441-3412 Fax 250-441-3413
e-mail: mcosman@telus.net

MAY ALL BEINGS BENEFIT!

Sangha Update

February Vipassana Retreat

Members of the sangha gathered for a weekend retreat with Heather Martin, a Vipassana teacher from Salt Spring Island. Heather, a student of Jack Kornfield, led us in the traditional format of alternating sitting and walking meditation, and periods of dharma teachings and group discussions with her.

Special Teachings by Karma Chime

Karma Chime Wongmo will be arriving in Prince George a few days before the April retreat weekend. We hope to have a few special sessions with her for more in-depth Vajrayana teaching. This may include a teaching on the 21 Taras, which would be of benefit to anyone who received Red Tara teachings from Lama Inge. If you are interested, please let Mary know now.

Potluck Retreat

We are planning on having potluck lunches for Saturday and Sunday of the retreat. One needn't be a retreatant in order to contribute. Again, please contact Mary soon if you are interested in helping to provide food for the retreat.

Remember the Library

In our library we have a collection of newsletters from groups such as the Northwest Dharma Association, Hidden Mountain Zen Centre and Lions Gate Priory (Soto Zen), to name a few.

We also have a few years' worth of the excellent quarterly Vipassana journal, *Enquiring Mind*. As they say, the dharma never goes out of date, so do take advantage of this opportunity to learn more about other sanghas and Buddhist teaching in North America.

The library is housed in the folding bookcase in the basement of the Willows. Society members in good standing can sign out materials for up to 6 weeks. At present there are several books which have been out on loan for a much longer period - some for over two years!

If you have kept a book out for a long period of time, PLEASE return it soon so other sangha members can have access to it.



Vajrayana Retreat

For registration information, phone Don at 563-0761.
For general information about this retreat and other Sangha activities,
phone Mary at 250-441-3412 or email mcosman@telus.net



with
Karma Chime Wongmo
April 19-21, 2002

Chime will be centring her teaching on basic principles and concepts of Vajrayana (Tibetan) Buddhism. This should be beneficial to practitioners from all lineages.

Public Dharma Talk

Friday, April 19

7:00 pm Prince George Civic Centre

Meditation Retreat

Saturday & Sunday, April 20-21 - times TBA

Willows Hall, Pulpmill Road, Prince George

Karma Chime Wongmo is a long-time member and friend of the Dharma Centre of Canada. She began studying with Namgyal Rinpoche in 1968 and in 1980 was ordained as a nun by His Holiness the XVIth Gyalwa Karmapa.

In 1975 she co-founded The Open Path, A Centre for Eastern and Western Studies in Boise, Idaho, where she began teaching the Dharma. From 1982-85 she went into an intensive period of retreat in a rainforest hermitage in Costa Rica. Upon returning to Canada she taught at the Dharma Centre's Kinmount (Ontario) Seminary and Academy. since then she has served as a Resident Teacher at the Dharma Centre in Kinmount as well as a visiting teacher at other centres in North and Central America and abroad.

To Karma Chime, the facets of one's journey in life—her own have included that of householder, mother, painter (she holds a BFA), social worker, educator, adventurer, editor and publisher of Bodhi Publishing, as well as practising and teaching Dharma—all serve as vehicles of liberation. Her training in both southern and northern schools of Buddhism, interwoven with western paths of unfold ment, has given her a universalist approach to the teaching of awakening.

For more information about The Dharma Centre of Canada, visit www.dharmacentre.org

DANA (generosity) is intrinsic to the 2,500 year old tradition of Buddha Dharma. Going back to the days of the Buddha, the teachings were considered priceless and thus offered freely. Teacher support comes from the voluntary contributions of students. The registration fee helps us cover teacher's travel expense and space rentals. Your contributions for the teaching will be accepted during the retreat.

REGISTRATION for RETREAT April 19-20, 2002

Mail to: Buddhist Meditation Society, 479 S. Quinn Street, Prince George BC V2M 3N4



The Buddhist Meditation Society
of Northern British Columbia

Name _____ Phone _____

Address _____ Email _____

FEE: **\$50.00** (plus *dana* to teacher)
includes potluck lunch & tea

ENCLOSED \$ _____ Retreat Fee \$ _____ Membership

Cheques can be made payable to **Buddhist Meditation Society**. Membership (\$15.00 annual fee) will be accepted at time of registration, although membership is not required for retreat participation.

Please let us know if you have any special needs or food allergies we should be aware of.

Please wear comfortable clothing. Out of consideration for others, retreatants are asked to not wear perfumes, essential oils, or noisy jewellery.

CASH rec'd Date: _____

CHEQUE # _____